

Auditions description

DEC-Diploma of Collegial Studies in Circus ArtS

DEE-Diploma of National Circus School Studies

IMPORTANT : Please note that if you would like to use your equipment, it is mandatory to bring it at the beginning of the first day for inspection.

FIRST DAY

Physical Tests

- Acrobatics and Balance
- Physical conditioning
- Flexibility

These tests assess the candidate's skills and physical potential. They are also used to evaluate muscle tone, body alignment, motor coordination, strength, spatial orientation, concentration, flexibility and ease of movement. If needed, additional exercises (such as trampoline or balance) may be required. Please find the description at the back.

Artistic Tests

- Dance
- Acting

These tests assess the candidate's artistic potential and talents. The acting exercises give candidates the opportunity to demonstrate imagination, initiative, the ability to listen, stage presence and body language. The dance exercises evaluate the candidate's musical sense. See content of artistic tests on back.

Candidate who have performed well on the first day will be invited to continue the auditions on the second day. Results will be communicated by email at the end of the day.

SECOND DAY

Presentation

The presentation is designed to demonstrate the candidate's talents as a creator and performer and his ability to integrate technical and artistic skills. This test consists in a short stage presentation lasting up to three minutes that the candidate has prepared in advance. The candidate may use the music of his choice and accessories or equipment. The candidate must perform the test unaided and safely. If necessary, the candidate can use some of the equipment in the NCS.

Candidate who have performed well on the second day will be invited to continue the auditions on the third day. Results will be communicated by email at the end of the day.

THIRD DAY

Interview and Academic Test

On this third day, interviews will take place to better understand the motivations, expectations and personal goals of the candidate. Additional dance and acting assessments will be conducted during the day. Academic and language tests will also be given at the end of the day for DEC candidate.

LAST DAY

Further Interview and Evaluation

On this last day, interviews will continue; candidates may be subject to further assessments if necessary. A postural evaluation will also be organized by our team of athletic therapists.

Content of Physical Tests

Acrobatics and balance

The exercises in this test become progressively more difficult. Candidates are not required to perform exercises they have not mastered.

- front roll and backroll
- handstand, front roll, half turn, back roll to handstand (struli)
- cartwheels
- front walkover and backwalkover
- front handspring
- elements without hands
- forward and backward somersault
- round-off, back handspring

If necessary, other exercises may be requested by the jury.

Physical conditioning

In this test, we will evaluate fluidity, body alignment/placement, range of motion, dynamism and momentum.

Abdominals

- leg lift : hanging from the bar, legs straight, leg lift without momentum, passing through the pike position, touching the bar between the hands, controlled descent to initial position

Arms

- push-ups,
- chin-ups with
- rope climbing

Legs

- repetitions of squat jumps on the spot

If necessary, other exercises may be requested by the jury.

Flexibility

- sitting position: opening at the shoulder, feet pointed, extension of the knees
- sitting position, closing in pike, arms in the prolongation of the torso
- sitting position, legs open to 90°, closing in pike, arms in prolongation of the body
- side split, left leg forward
- front split, hold the position
- side split, right leg forward
- bridge with hands and feet as close together as possible
- bridge open to shoulder with legs straight
- needle, right leg, hand on ground
- needle, left leg, hand on ground
- exercise for shoulders flexibility
- exercises for flexibility (e.g. big shuffles, holding the legs at a 90° angle or more, etc.)

If necessary, other exercises may be requested by the jury.

Content of Artistic Tests

Dance

Upon given directions, the candidate will execute different combinations involving rhythmic and coordination sequences. Improvisation exercises will be requested individually or in groups.

Acting

Upon given directions, the candidate will improvise movements and short scenes portraying characters and emotions. The exercises are performed individually or in a group.

Dress Code

Candidates must wear proper, form-fitting clothing (such as gym shirts, leggings, camisoles or sweaters, shorts that are not baggy) to allow for safe and comfortable movement. Shoes will be required to move around the NCS.

Availability

Candidates should ensure their availability for the entire duration of the auditions. They may be called upon to undergo a more thorough evaluation. Lockers are available in the checkroom but candidates must provide their own lock. Parents and accompanying adults are not permitted to attend the auditions.

