

L'ÉCOLE
NATIONAL DU
CIRQUE DE
MONTRÉAL



Participant Guide

Fall 2026 Session

Start of classes

Sept 12 2026

Fall 2026 Session – September 12 to December 3, 2026

Welcome to the National Circus School!

We are happy to welcome you to a new session, whether you are already familiar with the School or joining us for the very first time.

To help make your experience and follow-up throughout the session easier, **Anaïs Carton and Félix Thompson** will be your main on-site contacts. You will be able to find them at reception and in the class areas.

For any questions regarding the recreational program or for any matter requiring additional follow-up, you may also contact **Mélanie-Béby Robert, Recreational Programs Coordinator**, at mbrobert@enc.qc.ca.

We wish you a wonderful session at the NCS and lots of enjoyment in your activities!

Before Classes Begin

Photos: Photos may be taken during certain activities. If you prefer that you or your child not be photographed, please let us know.

Medical Form: Please complete our medical form if it applies to your situation. This may include any injury, medical condition, physical or cognitive limitation, or any other relevant information that could affect participation in activities. Please be assured that no participant will be penalized for completing this form.

<https://forms.cloud.microsoft/r/StFBdHxP9n?origin=lpLink>

Important Note: Only registered participants may attend classes. No additional parent, accompanying adult, or child is permitted. If your child needs to be accompanied, please complete the appropriate form.

In the school

Parking is available at the **rear of the building**.

Please enter through the main entrance and make sure you know the **group name** as well as the **start and end time** of the activity.

Movement within the School: Please do not walk around the School freely. We ask that you remain in the cafeteria during classes.

Calendar

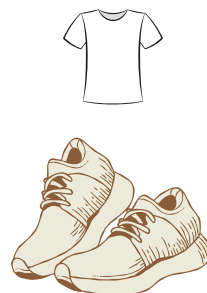
Day	Start of session	Day off	End of session
Saturday	September 12	September 26	November 28
Sunday	September 13	September 27	November 29
Monday	September 14	October 12	November 30
Tuesday	September 15	October 13	December 1
Wednesday	September 16	October 14	December 2
Thursday	September 17	October 15	December 3

Rules During Classes

Clothing

Wear long fitted shorts or regular shorts with a T-shirt or tank top.

Socks and running shoes are required to participate.



Hair tied back

Face kept clear



Leave your jewelry at home

Bracelets, rings, and earrings.

Personal Hygiene

Maintain good personal hygiene to help keep the environment pleasant for everyone.

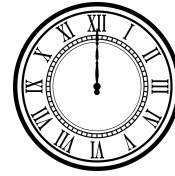


Punctuality

Arrive a few minutes early so you have enough time to warm up properly and help prevent injuries.

Water Bottle

Bring a reusable water bottle (plastic or metal) to stay well hydrated during your class.



Extra informations

Movement Within the School	To support participants' concentration and safety, only children and instructors may circulate within the School. Parents are invited to observe classes during the special observation day.
Waiting room	During classes, parents are welcome to use the cafeteria on the first floor, with access to free Wi-Fi.
Vending Machines	Snacks, drinks, and microwaves are available on site.
Pre-registration	Pre-registration will take place on November 20, 2026.
Presentation	There will be presentations during the final circus class. For Family Circus classes, the presentation will take place at the beginning of the class. For all other groups, it will take place at the end of the class. You will receive an email with more information.

Happy session to you all 😊

